



# MY LIMITLESS PERSONAL LIFE PLAN

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Name

Date

## **Commitments I make to “Win the Battle in My Head”**

1.

2.

3.

## **Passions and interests I commit to pursue**

1.

2.

3.

# LIMITLESS

## **My long-term vision statement**

Clearly lay out details of how I see my extraordinary life 10-25 years from now (personally, professionally, and in my family or other relationships)

**Target future date:** \_\_\_\_\_

## **Champions I will ask to support me on my journey**

## My Limitless Personal Life Plan

### My 3–5 year goals

What will I accomplish in the next five years to build toward my long-term vision?

Professional

Personal/Health

Family/Relationships

Financial

Spiritual

### My 1-year goals

Specific goals I will accomplish this year:

Professional

Personal/Health

Family/Relationships

Financial

Spiritual

# LIMITLESS

**My first action steps to get the ball rolling (and targeted date of completion)**

- 1.
- 2.
- 3.

## **Quarterly check-in goals**

What are the next actions I need to take to in the next 90 days to ensure I am on track to accomplish my one-year goals?

(Break the one-year goals into smaller increments that you review weekly to ensure you're on track.)

**Location where I plan to keep this so I can review it daily**

## **My personal commitment to a limitless life**

I promise to believe in myself, find a passion, dream big, take action, be comfortable with failures along the way, show courage and never, ever give up.

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My signature of commitment

Date